

THE EPISCOPAL CHURCH OF THE  
**HEAVENLY REST**

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Second Sunday after the Epiphany

The Holy Eucharist: Rite I  
Sunday, January 19th, 2020  
**8:00 in the morning**

*The Episcopal Church of the Heavenly Rest is a Christian community of faith rooted in the Anglican tradition. Empowered by the Holy Spirit through Word and Sacrament, we seek to know the reconciling love of God and to share that love with others.*

**THE HOLY EUCHARIST: RITE I**  
**THE ENTRANCE RITE**

**PRELUDE**

*After the Prelude, all stand for the Procession, followed by*

**THE OPENING ACCLAMATION**

✠ Blessed be God: Father, Son, and Holy Spirit.

**And blessed be his kingdom, now and for ever. Amen.**

Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. **Amen.**

**THE SUMMARY OF THE LAW**

Hear what our Lord Jesus Christ saith: Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment. And the second is like unto it: Thou shalt love thy neighbor as thyself. On these two commandments hang all the Law and the Prophets.

**THE TRISAGION**

Holy God, Holy and Mighty, Holy Immortal One, **Have mercy upon us.**

*repeated three times*

**THE COLLECT OF THE DAY**

The Lord be with you.

**And with thy spirit.**

Let us pray.

*The people kneel or stand.*

Almighty God, whose Son our Savior Jesus Christ is the light of the world: Grant that thy people, illumined by thy Word and Sacraments, may shine with the radiance of Christ's glory, that he may be known, worshiped, and obeyed to the ends of the earth; through Jesus Christ our Lord, who with thee and the Holy Spirit liveth and reigneth, one God, now and for ever. **Amen.**

*All sit.*

# THE WORD OF GOD

## THE FIRST LESSON

Isaiah 49:1-7

Listen to me, O coastlands, pay attention, you peoples from far away! The Lord called me before I was born, while I was in my mother's womb he named me. He made my mouth like a sharp sword, in the shadow of his hand he hid me; he made me a polished arrow, in his quiver he hid me away. And he said to me, "You are my servant, Israel, in whom I will be glorified." But I said, "I have labored in vain, I have spent my strength for nothing and vanity; yet surely my cause is with the Lord, and my reward with my God." And now the Lord says, who formed me in the womb to be his servant, to bring Jacob back to him, and that Israel might be gathered to him, for I am honored in the sight of the Lord, and my God has become my strength- he says, "It is too light a thing that you should be my servant to raise up the tribes of Jacob and to restore the survivors of Israel; I will give you as a light to the nations, that my salvation may reach to the end of the earth." Thus says the Lord, the Redeemer of Israel and his Holy One, to one deeply despised, abhorred by the nations, the slave of rulers, "Kings shall see and stand up, princes, and they shall prostrate themselves, because of the Lord, who is faithful, the Holy One of Israel, who has chosen you."

The Word of the Lord

Thanks be to God.

*The Lector and People pray responsively by half verse*

**PSALM 40:1-12** *Expectans, expectavi*

1 I waited patiently upon the Lord; \*  
he stooped to me and heard my cry.

2 He lifted me out of the desolate pit, out of the mire and clay; \*  
he set my feet upon a high cliff and made my footing sure.

3 He put a new song in my mouth,  
a song of praise to our God; \*  
many shall see, and stand in awe,  
and put their trust in the Lord.

4 Happy are they who trust in the Lord! \*  
they do not resort to evil spirits or turn to false gods.

5 Great things are they that you have done, O Lord my God!  
how great your wonders and your plans for us! \*  
there is none who can be compared with you.

6 Oh, that I could make them known and tell them! \*  
but they are more than I can count.

7 In sacrifice and offering you take no pleasure \*  
(you have given me ears to hear you);

8 Burnt-offering and sin-offering you have not required, \*  
and so I said, "Behold, I come.

9 In the roll of the book it is written concerning me: \*  
'I love to do your will, O my God;  
your law is deep in my heart.'"

10 I proclaimed righteousness in the great congregation; \*  
behold, I did not restrain my lips;  
and that, O Lord, you know.

11 Your righteousness have I not hidden in my heart;  
I have spoken of your faithfulness and your deliverance; \*  
**I have not concealed your love and faithfulness from the great congregation.**

12 You are the Lord;  
do not withhold your compassion from me; \*  
**let your love and your faithfulness keep me safe for ever,**

**THE SECOND LESSON**

Acts 28:1-10

After we had reached safety, we then learned that the island was called Malta. The natives showed us unusual kindness. Since it had begun to rain and was cold, they kindled a fire and welcomed all of us around it. Paul had gathered a bundle of brushwood and was putting it on the fire, when a viper, driven out by the heat, fastened itself on his hand. When the natives saw the creature hanging from his hand, they said to one another, "This man must be a murderer; though he has escaped from the sea, justice has not allowed him to live." He, however, shook off the creature into the fire and suffered no harm. They were expecting him to swell up or drop dead, but after they had waited a long time and saw that nothing unusual had happened to him, they changed their minds and began to say that he was a god. Now in the neighborhood of that place were lands belonging to the leading man of the island, named Publius, who received us and entertained us hospitably for three days. It so happened that the father of Publius lay sick in bed with fever and dysentery. Paul visited him and cured him by praying and putting his hands on him. After this happened, the rest of the people on the island who had diseases also came and were cured. They bestowed many honors on us, and when we were about to sail, they put on board all the provisions we needed.

The Word of the Lord.

**Thanks be to God.**

*All stand for*

**THE GOSPEL**

John 1:29-42

✠ The Holy Gospel of our Lord Jesus Christ according to John.

**Glory be to thee, O Lord.**

John saw Jesus coming toward him and declared, "Here is the Lamb of God who takes away the sin of the world! This is he of whom I said, 'After me comes a man who ranks ahead of me because he was before me.' I myself did not know him; but I came baptizing with water for this reason, that he might be revealed to Israel." And John testified, "I saw the Spirit descending from heaven like a dove, and it remained on him. I myself did not know him, but the one who sent me to baptize with water said to me, 'He on whom you see the Spirit descend and remain is the one who baptizes with the Holy Spirit.' And I myself have seen and have testified that this is the Son of God." The next day John again was standing with two of his disciples, and as he watched Jesus walk by, he exclaimed, "Look, here is the Lamb of God!" The two disciples heard him say this, and they followed Jesus. When Jesus turned and saw them following, he said to them, "What are you looking for?" They said to him, "Rabbi" (which translated means Teacher), "where are you staying?" He said to them, "Come and see." They came and saw where he was staying, and they remained with him that day. It was about four o'clock in the afternoon. One of the two who heard John speak and followed him was Andrew, Simon Peter's brother. He first found his brother Simon and said to him, "We have found the Messiah" (which is translated Anointed). He brought Simon to Jesus, who looked at him and said, "You are Simon son of John. You are to be called Cephas" (which is translated Peter).

**The Gospel of the Lord. Praise be to thee, O Christ.**

*Following the sermon, all stand and say*

**THE NICENE CREED**

I believe in one God,  
the Father Almighty,  
maker of heaven and earth,  
and of all things visible and invisible;  
And in one Lord Jesus Christ,  
the only-begotten Son of God,  
begotten of his Father before all worlds,  
God of God, Light of Light,  
very God of very God,  
begotten, not made,  
being of one substance with the Father;  
by whom all things were made;  
who for us men and for our salvation  
came down from heaven,  
and was incarnate by the Holy Ghost of the Virgin Mary,  
and was made man;  
and was crucified also for us under Pontius Pilate;  
he suffered and was buried;  
and the third day he rose again according to the Scriptures,  
and ascended into heaven,  
and sitteth on the right hand of the Father;  
and he shall come again, with glory,  
to judge both the quick and the dead;  
whose kingdom shall have no end.  
And I believe in the Holy Ghost the Lord, and Giver of Life,  
who proceedeth from the Father and the Son;  
who with the Father and the Son together is worshiped  
and glorified;  
who spake by the Prophets.  
And I believe one holy Catholic and Apostolic Church;  
I acknowledge one Baptism for the remission of sins;  
and I look for the ✠ resurrection of the dead,  
and the life of the world to come. Amen.

*All kneel or stand*

**THE PRAYERS OF THE PEOPLE**

*A Deacon or Priest says*

O God, the strength of all who put their trust in you: hear our prayers for the Church and for the world.

*Intercessor*

Grant that all who are baptized into Christ's Name may keep the covenant they have made, and boldly confess him as Lord and Savior.

Lord in your mercy

**Hear our prayer**

*Silence*

Give us grace, O Lord, to answer readily the call of our Savior Jesus Christ and proclaim to all people the Good News of his salvation.

Lord in your mercy

**Hear our prayer**

*Silence*

Everlasting God, who governs all things both in heaven and on earth, mercifully hear the supplications of your people, and in our time grant us your peace.

Lord in your mercy

**Hear our prayer**

*Silence*

Send your Holy Spirit and pour into our hearts the gift of love, that we may reach out in love to the people of this community and the world.

Lord in your mercy

**Hear our prayer**

*Silence*

Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ.

Lord in your mercy

**Hear our prayer**

*Silence*

Mercifully accept our prayers on behalf of all who suffer in body, mind, or spirit; and give them the help of your grace.

Lord in your mercy

**Hear our prayer**

*Silence*

We commend to your mercy all who have died in the communion of your saints. Lead us, who know you now by faith, to your presence, where we may see your glory face to face.

Lord in your mercy

**Hear our prayer**

*Silence*

*The Celebrant adds a concluding collect.*

## THE CONFESSION OF SIN

*A Deacon or Priest Says*

Let us humbly confess our sins unto Almighty God.

Most merciful God, we confess that we have sinned against thee in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved thee with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of thy Son Jesus Christ, have mercy on us and forgive us; that we may delight in thy will, and walk in thy ways, to the glory of thy Name. Amen.

*After the Absolution, all stand for*

## THE PEACE

The peace of the Lord be always with you.

**And with thy spirit.**

## ANNOUNCEMENTS & CHILDREN'S BLESSING

# THE HOLY COMMUNION

*All stand as alms and oblations are presented at the Altar.*

## THE GREAT THANKSGIVING *Eucharistic Prayer II*

The Lord be with you.

**And with thy spirit.**

Lift up your hearts.

**We lift them up unto the Lord.**

Let us give thanks unto our Lord God.

**It is meet and right so to do.**

*The Celebrant proceeds*

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God.

*Here a Proper Preface is said.*

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying:

## THE SANCTUS *Holy, holy, holy*

**Holy, holy, holy, Lord God of Hosts:**

**Heaven and earth are full of thy Glory.**

**Glory be to thee, O Lord Most High.**

**Blessed is he that cometh in the name of the Lord.**

**Hosanna in the highest.**

*The People stand or kneel as they are able.*

All glory be to thee, O Lord our God, for that thou didst create heaven and earth, and didst make us in thine own image; and, of thy tender mercy, didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption. He made there a full and perfect sacrifice for the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks to thee, he broke it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink this, all of you; for this is my Blood of the New Covenant, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, we thy people do celebrate and make, with these thy holy gifts which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; and looking for his coming again with power and great glory.

And we most humbly beseech thee, O merciful Father, to hear us, and, with thy Word and Holy Spirit, to bless and sanctify these gifts of bread and wine, that they may be unto us the Body and Blood of thy dearly-beloved Son Jesus Christ.

And we earnestly desire thy fatherly goodness to accept this our sacrifice of praise and thanksgiving, whereby we offer and present unto thee, O Lord, our selves, our souls and bodies. Grant, we beseech thee, that all who partake of this Holy Communion may worthily receive the most precious Body and Blood of thy Son Jesus Christ, and be filled with thy grace and heavenly benediction; and also that we and all thy whole Church may be made one body with him, that he may dwell in us, and we in him; through the same Jesus Christ our Lord;

By whom, and with whom, and in whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end. AMEN.

And now, as our Savior Christ hath taught us, we are bold to say,

**Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.**

#### THE FRACTION ANTHEM

Alleluia. Christ our Passover is sacrificed for us.

Therefore let us keep the feast. Alleluia.

*The Celebrant Proceeds*

The Gifts of God for the People of God.

*and may add* Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

*After the ministration of Communion, the Celebrant says*

Let us pray.

Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

*The Commissioning of Eucharistic Visitors may be said.*

**In the name of this congregation, we send you forth, bearing these holy gifts, that those to whom you go may share with us in the Communion of Christ's Body and Blood. We who are many are one Body because we all share one bread and one cup.**

*The Celebrant blesses the People.*

**THE DISMISSAL**

Let us bless the Lord.

**Thanks be to God.**

*Please join us in Gerhart Hall for coffee  
following the service.*

THE EPISCOPAL CHURCH OF THE  
**HEAVENLY REST**

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**CLERGY AND STAFF**

The Reverend David F. Romanik, <i>Rector</i>	Susetta Rockett, <i>Music Assistant</i>
The Reverend Claire Makins, <i>Associate Rector</i>	Shelly Reed, <i>Children's Music Assistant</i>
The Reverend Amanda Watson, <i>Assistant</i>	Nolan Kelley, <i>Verger</i>
The Reverend Dr. Doug Thomas, <i>Assistant</i>	Dr. Mitsi Willard, <i>Director of Children's Ministry</i>
The Reverend Karen Boyd, <i>Deacon</i>	Anne Jones, <i>Nursery Manager</i>
Bikole Mulanda, <i>Swahili Minister</i>	Sharon Kelley, <i>Hospitality and Kitchen Coordinator</i>
April Powers, <i>Manager of Operations</i>	Robert Becerra, <i>Sexton</i>
Steve Gibbs, <i>Parish Manager</i>	Emery Jones, <i>Sexton</i>
Blaine Beyer, <i>Director of Communications</i>	Dorothy Guerra, <i>Housekeeper</i>
Dr. Jeff Goolsby, <i>Choirmaster</i>	

**VESTRY AND APPOINTED OFFICERS**

Steve Strain, *Senior Warden*; Candy Scarborough, *Junior Warden*; Terry Young, *Secretary*; Jackie Batjer, Erica Hall, Lee Hampton, Judy Godfrey, Kathy Balch, Tim Lillick, Kitty Thomas, Gay Ann Walts, and Mike Young  
Scott Bishop, *Chancellor*; and Sam Cutbirth, *Treasurer*