

THE EPISCOPAL CHURCH OF THE  
**HEAVENLY REST**

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Tenth Sunday after Pentecost  
Holy Eucharist Rite II  
Sunday, August 1st, 2021  
10:30 in the morning

Welcome to the Episcopal Church of the Heavenly Rest.  
If this is your first time visiting with us, please fill out our digital connection card on our website  
[heavenlyrestabilene.org/visit](http://heavenlyrestabilene.org/visit). Hymns can be found in the blue hymnal on the back of the pews.

**PRELUDE**

Arlene Small, *pianist and organist*

*The People stand for the Procession.*

**HYMN IN PROCESSION** *Glorious Things of Thee are Spoken*

Hymn 522

**THE OPENING ACCLAMATION**

*Celebrant*  
*People*

Blessed be God: Father, Son, and Holy Spirit.  
**And blessed be his kingdom, now and for ever. Amen.**

*Celebrant*

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you and worthily magnify your holy Name; through Christ our Lord. **Amen.**

**HYMN OF PRAISE** *Benedictus es, Domine*

Hymn S 236

**Glory to you, Lord God of our fathers;  
you are worthy of praise; glory to you.  
Glory to you for the radiance of your holy Name;  
we will praise you and highly exalt you for ever.  
Glory to you in the splendor of your temple;  
on the throne of your majesty, glory to you.  
Glory to you, seated between the Cherubim;  
we will praise you and highly exalt you for ever.  
Glory to you, beholding the depths;  
in the high vault of heaven, glory to you.  
Glory to you, Father, Son, and Holy Spirit;  
we will praise you and highly exalt you for ever.**

**THE COLLECT OF THE DAY**

The Lord be with you.

**And also with you.**

Let us pray.

Let your continual mercy, O Lord, cleanse and defend your Church; and, because it cannot continue in safety without your help, protect and govern it always by your goodness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. The Israelites said to them, "If only we had died by the hand of the Lord in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger." Then the Lord said to Moses, "I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not." Then Moses said to Aaron, "Say to the whole congregation of the Israelites, 'Draw near to the Lord, for he has heard your complaining.'" And as Aaron spoke to the whole congregation of the Israelites, they looked toward the wilderness, and the glory of the Lord appeared in the cloud. The Lord spoke to Moses and said, "I have heard the complaining of the Israelites; say to them, 'At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the Lord your God.'" In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. When the Israelites saw it, they said to one another, "What is it?" For they did not know what it was. Moses said to them, "It is the bread that the Lord has given you to eat."

The Word of the Lord.

**Thanks be to God.**

*Read responsively by half verse.*

**PSALM 78:23-29** *Attendite, popule*

- 23 So he commanded the clouds above \*  
**and opened the doors of heaven.**
- 24 He rained down manna upon them to eat \*  
**and gave them grain from heaven.**
- 25 So mortals ate the bread of angels; \*  
**he provided for them food enough.**
- 26 He caused the east wind to blow in the heavens \*  
**and led out the south wind by his might.**
- 27 He rained down flesh upon them like dust \*  
**and winged birds like the sand of the sea.**
- 28 He let it fall in the midst of their camp \*  
**and round about their dwellings.**
- 29 So they ate and were well filled, \*  
**for he gave them what they craved.**

*The People stand and sing*

**SEQUENCE HYMN** *O God of Bethel, By Whose Hand*

Hymn 709

*Turn and face the Gospeller.*

**THE GOSPEL**

John 6:24-35

The Holy Gospel of our Lord Jesus Christ according to John.

**Glory to you, Lord Christ.**

The next day, when the people who remained after the feeding of the five thousand saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus. When they found him on the other side of the sea, they said to him, "Rabbi, when did you come here?" Jesus answered them, "Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal." Then they said to him, "What must we do to perform the works of God?" Jesus answered them, "This is the work of God, that you believe in him whom he has sent." So they said to him, "What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, 'He gave them bread from heaven to eat.'" Then Jesus said to them, "Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world." They said to him, "Sir, give us this bread always." Jesus said to them, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty."

The Gospel of the Lord.

**Praise to you, Lord Christ.**

*Children who would like to attend Wiggle Worship may follow the Children's cross to the Children's worship space.*

*Children who attend Wiggle Worship will return to the Nave during the Peace.*

## THE NICENE CREED

We believe in one God,  
 the Father, the Almighty,  
 maker of heaven and earth,  
 of all that is, seen and unseen.  
 We believe in one Lord, Jesus Christ,  
 the only Son of God,  
 eternally begotten of the Father,  
 God from God, Light from Light,  
 true God from true God,  
 begotten, not made,  
 of one Being with the Father,  
 Through him all things were made.  
 For us and for our salvation  
 he came down from heaven:  
 by the power of the Holy Spirit  
 he became incarnate from the Virgin Mary,  
 and was made man.

For our sake he was crucified under Pontius Pilate;  
 he suffered death and was buried.  
 On the third day he rose again  
 in accordance with the Scriptures;  
 he ascended into heaven  
 and is seated at the right hand of the Father.  
 He will come again in glory to judge the living and the dead,  
 and his kingdom will have no end.  
 We believe in the Holy Spirit, the Lord, the giver of life,  
 who proceeds from the Father and the Son.  
 With the Father and the Son he is worshiped and glorified.  
 He has spoken through the Prophets.  
 We believe in one holy catholic and apostolic Church.  
 We acknowledge one baptism for the forgiveness of sins.  
 We look for the resurrection of the dead,  
 and the life of the world to come. Amen.

## THE PRAYERS OF THE PEOPLE

In peace, let us pray to the Lord, saying, "Lord, have mercy".

For the holy Church of God, that it may be filled with truth and love, and that in faithful witness it may preach the Gospel to the ends of the earth, we pray to you, O Lord.

*People*      **Lord, have mercy.**

For all bishops and other ministers, and for all the holy people of God, we pray to you, O Lord.

*People*      **Lord, have mercy.**

For the peace of the world, that a spirit of respect and forbearance may grow among nations and peoples, we pray to you, O Lord.

*People*      **Lord, have mercy.**

For those in positions of public trust, that they may serve justice, and promote the dignity and freedom of every person, we pray to you, O Lord.

*People*      **Lord, have mercy.**

For the poor, the persecuted, the sick, and all who suffer; for refugees, prisoners, and all who are in danger; that they may be relieved and protected, we pray to you, O Lord.

*People*      **Lord, have mercy.**

For this congregation, for those who are present, and for those who are absent, that we may be delivered from hardness of heart, and show forth your glory in all that we do, we pray to you, O Lord.

*People*      **Lord, have mercy.**

For our enemies and those who wish us harm, and for all whom we have injured or offended, we pray to you, O Lord.

*People*      **Lord, have mercy.**

For all who have commended themselves to our prayers; for our families, friends, and neighbors; that being freed from anxiety, they may live in joy, peace, and health, we pray to you, O Lord.

*People*      **Lord, have mercy.**

For all who have died in the communion of your Church, and those whose faith is known to you alone, that, with all the saints, they may have rest in that place where there is no pain or grief, but life eternal, we pray to you, O Lord.

*People*      **Lord, have mercy.**

Rejoicing in the fellowship of all the saints, let us commend ourselves, and one another, and all our life to Christ our God.

*People*      **To you, O Lord our God.**

*A period of silence is kept.*

*The Celebrant adds a concluding Collect, or the following Doxology*

For yours is the majesty, O Father, Son, and Holy Spirit; yours is the kingdom and the power and the glory, now and for ever. **Amen.**

## THE CONFESSION OF SIN

Let us confess our sins against God and our neighbor.

*Silence may be kept.*

*Celebrant and the People*

**Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

*The Celebrant stands and says*

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

## THE PEACE

The Peace of the Lord be always with you.

**And also with you.**

## THE HOLY COMMUNION

### OFFERTORY SENTENCE

### OFFERTORY ANTHEM *Panis Angelicus*

César Franck (1822-1890)

Lynnette Chambers, *Mezzo-Soprano*

Panis angelicus  
fit panis hominum;  
Dat panis coelicus  
figuris terminum:  
O res mirabilis!  
Manducat Dominum  
pauper, servus et humilis.

The bread of the angels  
becomes the bread of mortals;  
the Living Bread from heaven puts  
All foreshadowings to an end:  
O wondrous gift indeed!  
the poor and lowly may  
upon their Lord and Master feed.

### HYMN AT THE PRESENTATION *Your Faithfulness, O Lord, Is Sure; vs 4 & Doxology*

1. My mouth shall speak your praise, O Lord; my soul shall bless your ho - ly name;  
2. Praise God, from whom all bless - ings flow; praise him, all crea - tures here be - low;

5  
Let all things liv - ing join the song of praise, from age to age the same.  
praise him a - bove, ye heaven - ly host; praise Fa - ther, Son and Ho - ly Ghost.

*The People stand.*

*Celebrant*

**All things come of thee, O Lord.**

*People*

**And of thine own have we given thee.**

## THE GREAT THANKSGIVING *Eucharistic Prayer A*

*Celebrant* The Lord be with you.

*People* **And also with you.**

*Celebrant* Lift up your hearts.

*People* **We lift them to the Lord.**

*Celebrant* Let us give thanks to the Lord our God.

*People* **It is right to give him thanks and praise.**

*The Celebrant proceeds*

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

*Here a Proper Preface is said*

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

## THE SANCTUS *Holy, holy, holy Lord*

S 124

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,  
5 heav - en and earth are full of your glo - ry. Ho - san - na in the high - est.  
7 Bless - ed is he who comes in the name of the Lord. Ho - san - na in the high - est.

*The People stand or kneel as they are able*

Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

*Celebrant and People*

**Christ has died.**

**Christ is risen.**

**Christ will come again.**

*The Celebrant continues*

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,

**Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven, Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.**

*The Celebrant breaks the consecrated bread.*

*Celebrant* Christ our Passover is sacrificed for us.

*People* **Therefore let us keep the feast.**

*The Celebrant proceeds*

The Gifts of God for the People of God.

*and may add* Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

**AGNUS DEI**

S 161

Lamb of God, you take a - way the sins of the world: have mer - cy on us.

Lamb of God, you take a - way the sins of the world: have mer - cy on us.

Lamb of God, you take a - way the sins of the world: grant \_\_\_\_\_ us peace.

**DISTRIBUTION OF COMMUNION**

*All baptized Christians are welcome to receive Communion. If you are not baptized, you may come forward to receive a blessing by folding your arms over your chest. If you are interested in being baptized, please speak to one of the clergy after the service.*

*Communion will be distributed at two stations: at the altar rail and in front of the pulpit. If you do not wish to receive wine, please cross your arms over your chest when the chalice comes by. Please follow the instructions of the ushers and maintain physical distance as you wait to receive Communion.*

*During the distribution of Communion, we invite those of you who are worshiping with us online to participate spiritually in the Eucharist. If you find it helpful, you may use the prayer below to aid your Eucharistic devotion.*

*My Jesus, I believe that you are truly present in the Blessed Sacrament of the Altar. I love you above all things, and long for you in my soul. Since I cannot now receive you sacramentally, come at least spiritually into my heart. As though you have already come, I embrace you and unite myself entirely to you; never permit me to be separated from you. Amen.  
(St. Alphonsus de Liguori, 1696-1787)*

**COMMUNION HYMN** *We the Lord's People*

Hymn 51

*After Communion, the Celebrant says*

Let us pray.

**Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.**

*The Commissioning of Eucharistic Visitors may be said.*

**In the name of this congregation, we send you forth, bearing these holy gifts, that those to whom you go may share with us in the Communion of Christ's Body and Blood. We who are many are one Body because we all share one bread and one cup.**

*The Celebrant blesses the People*

*All stand and sing*

**HYMN AT THE DISMISSAL** *Jesus Lover Of My Soul*

Hymn 699

**WELCOME & ANNOUNCEMENTS**

**PROCESSIONAL**

*Arlene Small, pianist and organist*

**THE DISMISSAL**

Go in peace to love and serve the Lord.

**Thanks be to God.**

**POSTLUDE**

*Following the service, please join us for fellowship  
and refreshments in the Courtyard.*

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**CLERGY AND STAFF**

The Reverend David F. Romanik, <i>Rector</i>	LeighAnna Morris, <i>Parish Accountant</i>
The Reverend Corrie Cabes, <i>Assistant Rector</i>	Jesse Ratcliffe, <i>Organist and Director of Music</i>
The Reverend Amanda Watson, <i>Assisting Priest</i>	Shelly Reed, <i>Children's Music Assistant</i>
The Reverend Dr. Doug Thomas, <i>Priest in Residence</i>	Nolan Kelley, <i>Verger</i>
The Reverend Karen Boyd, <i>Deacon</i>	Anne Jones, <i>Nursery Manager</i>
The Reverend Dr. Russell Dickerson, <i>Deacon</i>	Sharon Kelley, <i>Hospitality and Kitchen Coordinator</i>
Bikole Mulanda, <i>Swahili Minister</i>	Robert Becerra, <i>Sexton</i>
Blaine Beyer, <i>Director of Communications</i>	Gage McGowen, <i>Assistant Sexton</i>
Steve Gibbs, <i>Parish Coordinator</i>	Dorothy Guerra, <i>Housekeeper</i>

**VESTRY AND APPOINTED OFFICERS**

Judy Godfrey, *Senior Warden*; Rick Willis, *Junior Warden*; Terry Young, *Secretary*; Kathy Balch, Connie Collier, Sarah Ferguson, Annabel House, Harry Hurt, Mike Langford, Sue McWilliams, Darryl Tippens, John Walton  
Steve Suttle, *Chancellor*; and Sam Cutbirth, *Treasurer*