

THE EPISCOPAL CHURCH OF THE
HEAVENLY REST

Eleventh Sunday after Pentecost:
Holy Eucharist Rite II
Sunday, August 16th, 2020
10:30 in the morning

Welcome to the Church of the Heavenly Rest.

If this is your first time visiting with us, please fill out our digital connection card on our website heavenlyrestabilene.org/visit.

PRELUDE *Jesu, Joy of Man's Desiring*

J.S. Bach (1685-1750), arr. Sidney Lawrence
Susie Rockett, Oboe

THE OPENING ACCLAMATION

Celebrant Blessed be God: Father, Son, and Holy Spirit.
People **And blessed be his kingdom, now and for ever. Amen.**

Celebrant

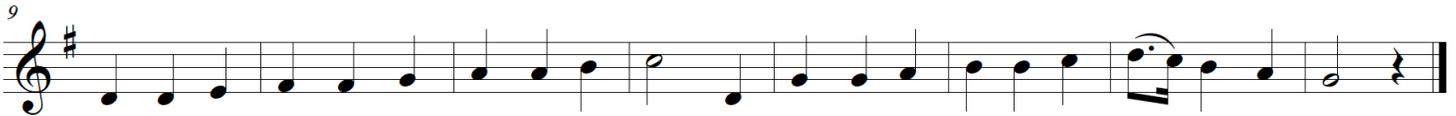
Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you and worthily magnify your holy Name; through Christ our Lord. **Amen.**

HYMN OF PRAISE *How Wondrous and Great Thy Works, God of Praise!*

Hymn 533



1. How won-drous and great thy works, God of praise! How just, King of saints, and true to thy ways! O
2. To na-tions of earth thy light shall be shown; their wor-ship and vows shall come to thy throne: thy



who shall not fear thee, and ho - or thy Name? Thou on - ly art ho - ly, thou on - ly su - preme.
truth and thy judg-ments shall spread all a - broad, till earth's ev - ery peo - ple con - fess thee their God.

THE COLLECT OF THE DAY

The Lord be with you.
And also with you.
Let us pray.

Almighty God, you have given your only Son to be for us a sacrifice for sin, and also an example of godly life: Give us grace to receive thankfully the fruits of his redeeming work, and to follow daily in the blessed steps of his most holy life; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

READING

Genesis 45:1-15

Joseph could no longer control himself before all those who stood by him, and he cried out, "Send everyone away from me." So no one stayed with him when Joseph made himself known to his brothers. And he wept so loudly that the Egyptians heard it, and the household of Pharaoh heard it. Joseph said to his brothers, "I am Joseph. Is my father still alive?" But his brothers could not answer him, so dismayed were they at his presence. Then Joseph said to his brothers, "Come closer to me." And they came closer. He said, "I am your brother, Joseph, whom you sold into Egypt. And now do not be distressed, or angry with yourselves, because you sold me here; for God sent me before you to preserve life. For the famine has been in the land these two years; and there are five more years in which there will be neither plowing nor harvest. God sent me before you to preserve for you a remnant on earth, and to keep alive for you many survivors. So it was not you who sent me here, but God; he has made me a father to Pharaoh, and lord of all his house and ruler over all the land of Egypt. Hurry and go up to my father and say to him, 'Thus says your son Joseph, God has made me lord of all Egypt; come down to me, do not delay. You shall settle in the land of Goshen, and you shall be near me, you and your children and your children's children, as well as your flocks, your herds, and all that you have. I will provide for you there—since there are five more years of famine to come—so that you and your household, and all that you have, will not come to poverty.' And now your eyes and the eyes of my brother Benjamin see that it is my own mouth that speaks to you. You must tell my father how greatly I am honored in Egypt, and all that you have seen. Hurry and bring my father down here." Then he fell upon his brother Benjamin's neck and wept, while Benjamin wept upon his neck. And he kissed all his brothers and wept upon them; and after that his brothers talked with him.

The Word of the Lord.

Thanks be to God.

Read responsively by half verse.

PSALM 133 *Ecce, quam bonum!*

- 1 Oh, how good and pleasant it is, *
when brethren live together in unity!
- 2 It is like fine oil upon the head *
that runs down upon the beard,
- 3 Upon the beard of Aaron, *
and runs down upon the collar of his robe.
- 4 It is like the dew of Hermon *
that falls upon the hills of Zion.
- 5 For there the Lord has ordained the blessing: *
life for evermore.

THE GOSPEL

Matthew 15:10-20, 21-28

✠ The Holy Gospel of our Lord Jesus Christ according to Matthew.
Glory to you, Lord Christ.

Jesus called the crowd to him and said to them, "Listen and understand: it is not what goes into the mouth that defiles a person, but it is what comes out of the mouth that defiles." Then the disciples approached and said to him, "Do you know that the Pharisees took offense when they heard what you said?" He answered, "Every plant that my heavenly Father has not planted will be uprooted. Let them alone; they are blind guides of the blind. And if one blind person guides another, both will fall into a pit." But Peter said to him, "Explain this parable to us." Then he said, "Are you also still without understanding? Do you not see that whatever goes into the mouth enters the stomach, and goes out into the sewer? But what comes out of the mouth proceeds from the heart, and this is what defiles. For out of the heart come evil intentions, murder, adultery, fornication, theft, false witness, slander. These are what defile a person, but to eat with unwashed hands does not defile." Jesus left that place and went away to the district of Tyre and Sidon. Just then a Canaanite woman from that region came out and started shouting, "Have mercy on me, Lord, Son of David; my daughter is tormented by a demon." But he did not answer her at all. And his disciples came and urged him, saying, "Send her away, for she keeps shouting after us." He answered, "I was sent only to the lost sheep of the house of Israel." But she came and knelt before him, saying, "Lord, help me." He answered, "It is not fair to take the children's food and throw it to the dogs." She said, "Yes, Lord, yet even the dogs eat the crumbs that fall from their masters' table." Then Jesus answered her, "Woman, great is your faith! Let it be done for you as you wish." And her daughter was healed instantly.

The Gospel of the Lord.

Praise to you, Lord Christ.

THE SERMON

The Reverend David F. Romanik, Rector

Following the sermon, all stand for

THE NICENE CREED

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father,
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the ✠ resurrection of the dead,
and the life of the world to come. Amen.

All kneel or stand

THE PRAYERS OF THE PEOPLE

Let us pray for the Church and for the world.

Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world.

Silence

Lord, in your mercy

Hear our prayer.

Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the common good.

Silence

Lord, in your mercy

Hear our prayer.

Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory.

Silence

Lord, in your mercy

Hear our prayer.

Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us.

Silence

Lord, in your mercy

Hear our prayer.

Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation.

Silence

Lord, in your mercy

Hear our prayer.

We commend to your mercy all who have died, that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom.

Silence

Lord, in your mercy

Hear our prayer.

The Celebrant adds a concluding Collect.

THE CONFESSION OF SIN

A Deacon or Priest says

Let us confess our sins against God and our neighbor.

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

The Celebrant stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

All stand for

THE PEACE

The Peace of the Lord be always with you.
And also with you.

THE HOLY COMMUNION

OFFERTORY ANTHEM *Elegia*

Nina Rota (1911-1979)
Susie Rockett, Oboe

Celebrant All things come of thee, O Lord.
People And of thine own have we given thee.

THE GREAT THANKSGIVING *Eucharistic Prayer A*

Celebrant The Lord be with you.
People And also with you.
Celebrant Lift up your hearts.
People We lift them up to the Lord.
Celebrant Let us give thanks to the Lord our God.
People It is right to give him thanks and praise.

The Celebrant proceeds

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Here a Proper Preface is said.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

THE SANCTUS *Holy, holy, holy Lord*

Ho - ly, Ho - ly, Ho - ly Lord, Lord God of hosts. Heav - en and earth are
6 full of your glo-ry. Ho - san - na in the high - est. Bless - ed is he who comes in the name of the
12 Lord. Ho - san - na in the high - est, Ho - san - na in the high - est.

The People stand or kneel as they are able

Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Celebrant and People

Christ has died.

Christ is risen.

Christ will come again.

The Celebrant continues

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

THE LORD'S PRAYER

And now, as our Savior Christ has taught us, we are bold to say,

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven, Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.

The Celebrant breaks the consecrated bread

Celebrant Alleluia. Christ our Passover is sacrificed for us.

People Therefore let us keep the feast. Alleluia.

THE FRACTION ANTHEM



When we — eat this Bread and drink this Cup, we pro-claim your Death, O Lord, un - til you come a - gain.

The Celebrant proceeds

The Gifts of God for the People of God.

and may add Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

Celebrant

Lord Jesus Christ, you gave us the Eucharist as the memorial of your suffering and death. May our worship of this sacrament of your body and blood help us to experience the salvation you won for us and the peace of the kingdom where you live with the Father and the Holy Spirit, one God, for ever and ever. **Amen.**

The Book of Common Prayer indicates that "if a person desires to receive the Sacrament, but, by reason of extreme sickness or physical disability, is unable to eat and drink the Bread and Wine, the Celebrant is to assure that person that all the benefits of Communion are received, even though the Sacrament is not received with the mouth." Our efforts to stem the effects of a global pandemic seem to fall within the parameters of "extreme sickness." Thus, it seems appropriate to assure those watching remotely that the benefits of Communion are received by those who partake via live stream.

During the singing of the hymn, we invite your spiritual participation in the Eucharist. If you find it helpful, you may use the prayer below to aid your Eucharistic devotion.

My Jesus, I believe that you are truly present in the Blessed Sacrament of the Altar. I love you above all things, and long for you in my soul. Since I cannot now receive you sacramentally, come at least spiritually into my heart. As though you have already come, I embrace you and unite myself entirely to you; never permit me to be separated from you. Amen.
(St. Alphonsus de Liguori, 1696-1787)

COMMUNION HYMN *There's a Wideness in God's Mercy*

Hymn 469

Introduction
& Interlude



1. There's a wide-ness in God's mer - cy like the wide-ness of the sea; there's a kind - ness
2. There is no place where earth's sor - rows are more felt than up in heaven; there is no place
3. For the love of God is broad - er than the mea - sure of the mind; and the heart of



in his jus - tice, which is more than lib - er - ty. There is wel - come for the sin - ner,
where earth's fail - ings have such kind - ly judg - ment given. There is plen - ti - ful re - demp - tion
the E - ter - nal is most won - der - ful - ly kind. If our love were but more faith - ful,



and more grac - es for the good; there is mer - cy with the Sav - vior; there is heal - ing in his blood.
in the blood that has been shed; there is joy for all the mem - bers in the sor - rows of the head.
we should take him at his word; and our love would be thanks - giv - ing for the good - ness of the Lord.

After Communion, the Celebrant says

Let us pray.

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

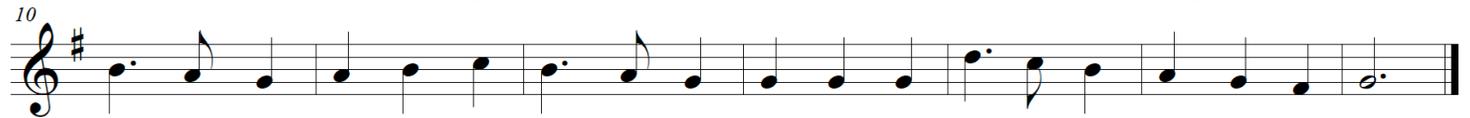
*The Celebrant blesses the People
All stand and sing*

HYMN AT THE DISMISSAL *Christ For the World We Sing*

Hymn 537



1. Christ for the world we sing! The world to Christ we bring with lov - ing zeal; the poor, and
2. Christ for the world we sing! The world to Christ we bring with fer - vent prayer; the way - ward
3. Christ for the world we sing! The world to Christ we bring with one ac - cord; with us the
4. Christ for the world we sing! The world to Christ we bring with joy - ful song; the new - born



them that mourn, the faint and o - ver - borne, sin - sick and sor - row - worn, whom Christ doth heal.
and the lost, by rest - less pas - sions tossed, re - deemed at count - less cost from dark de - spair.
work to share, with us re - proach to dare, with us the cross to bear, for Christ our Lord.
souls, whose days, re - claimed from er - ror's ways, in - spired with hope and praise, to Christ be - long.

WELCOME & ANNOUNCEMENTS

THE DISMISSAL

Let us go forth in the name of Christ.

Thanks be to God.

POSTLUDE *Allegro Guisto* from *Oboe Concerto*

Dominico Cimarosa (1749-1801)
Susie Rockett, *Oboe*

Thank you for worshipping with us.

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HEAVENLY REST

602 Meander Street Phone: (325) 677-2091
Abilene, Texas 79602 Fax: (325) 677-0358
Website: heavenlyrestabilene.org E-mail: info@heavenlyrestabilene.org

CLERGY AND STAFF

The Reverend David F. Romanik, <i>Rector</i>	Susetta Rockett, <i>Music Assistant</i>
The Reverend Amanda Watson, <i>Assisting Priest</i>	Shelly Reed, <i>Children's Music Assistant</i>
The Reverend Dr. Doug Thomas, <i>Assisting Priest</i>	Nolan Kelley, <i>Verger</i>
The Reverend Karen Boyd, <i>Deacon</i>	Dr. Mitsi Willard, <i>Director of Children's Ministry</i>
Bikole Mulanda, <i>Swahili Minister</i>	Anne Jones, <i>Nursery Manager</i>
April Powers, <i>Director of Operations</i>	Sharon Kelley, <i>Hospitality and Kitchen Coordinator</i>
Steve Gibbs, <i>Parish Coordinator</i>	Robert Becerra, <i>Sexton</i>
Blaine Beyer, <i>Director of Communications</i>	Gage McGowen, <i>Assistant Sexton</i>
Jesse Ratcliffe, <i>Organist and Director of Music</i>	Dorothy Guerra, <i>Housekeeper</i>

VESTRY AND APPOINTED OFFICERS

Judy Godfrey, *Senior Warden*; Rick Willis, *Junior Warden*; Terry Young, *Secretary*; Kathy Balch, Erica Hall, Annabel House, Mike Langford, Sue McWilliams, Candy Scarborough, John Walton, Gay Ann Walts, Mike Young, Scott Bishop, *Chancellor*; and Sam Cutbirth, *Treasurer*